



LEADING OTHERS WITH NLP

Leading Others with NLP

This Leadership Workshop will equip participants with indispensable skills required for leaders of any organization through the use of NLP (Neuro Linguistic Programming). By practicing the leadership and communication skills covered, participants will successfully motivate and lead a team towards a clear common goal and overcome possible conflicts and challenges in a constructive manner.

Skills and Benefits Participants Will Receive

Understand and utilize how to influence and motivate the team towards a common goal ●

Manage emotions of self and others to reduce conflict in the work place ●

Develop team members with constructive feedback that is timely and specific ●

Build a healthy professional relationship with team members despite having different opinions ●

Suitable For

● Experienced executives, managers, and supervisors

● New managers and leaders

● Entrepreneurs and those interested in improving their leadership skills

“We shorten your learning curve and make it fun”

Topics Covered

NLP Model of Communication

Understand the relationship between our thinking, emotional state, and body language. Learn how to control and utilize these 3 factors in order to be a better leader for ourselves and others.

At Cause, At Effect

Making things happen despite difficult challenges is the hallmark of a great leader. To achieve this, a leader's mindset must focus on what they can do to achieve the results (At Cause) rather than find excuses and blame others why things are not going well (At Effect). Participants will learn to coach themselves and others to focus on what actions they can take to achieve the outcome they want.

Communication Style

Recognize your preferred communication style and how to adapt it when interacting with others. Observe how eye patterns reveal what the person is really saying and thinking. Utilize key words to influence others at the subconscious level.

Rapport

Rapport is the feeling of trust, respect, and comfort when people meet. It is the foundation of establishing a respectful two way communication and a feedback loop. Participants will learn how to establish rapport with their team members on a conscious level through FORD technique and on a subconscious level through Matching and Mirroring of body language.

Managing EQ

The ability to control what you think, say, and do in emotionally charged situation is critical regardless of your position in the organization. In this session, participants will practice using self-coaching questions to reflect on their attitude, refocus on their outcome, and act in their best interests instead of reacting according to our primal instincts using a win-lose attitude.

Feedback

Feedback is the breakfast of champions. The ability to give meaningful constructive feedback to others is critical to developing your team. Equally important is our willingness to accept feedback from others. Participants will learn the different types of feedback, how to deliver them, and how to open their mind to feedback so they can constantly improve themselves and others.



Whiteboard
Workshop Center

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